



Ann Quasman's  
**WOMANTALKLIVE**  
A more conscious conversation

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## *Girls Gone Great Announces Scholarship Winner* *Woman Talk Live legacy of outreach and vision continues*

BALTIMORE, MD – WomanTalk Live proudly announces Walesia Lynn Robinson Cates, a 16-year-old senior at Eleanor Roosevelt High School in Greenbelt, Maryland, as the winner of the annual *Girls Gone Great Scholarship Essay Contest*. Founded by Ann Quasman, host of *Woman Talk Live* radio, the scholarship will provide Ms. Cates with \$2,000 toward her pursuit of continuing education. The scholarship is made possible by donations from Talkradio 680 WCBM and Wealth Advocacy Partners.

A winning essay, written by Ms. Cates, secured the award. The contest, in its fourth year, sent out a call for entries last September to Maryland high school junior and senior young women. The deadline to enter an 800 word essay was December 31, 2010.

“A Girl Gone Great has a vision, a plan, and a vibrant, tenacious spirit to make her dreams become tomorrow's reality. I am one of those thousands of girls out to assemble an army dedicated to making the world a little better than we found it,” wrote Ms. Cates in the open of her essay.

Essay requirements were for young women to write about their overall vision for the future and how they are making a difference in the community today. Ms. Cates is a regular volunteer for the Fannie Mae Foundation's Walk for the Homeless, American Red Cross, SHARE Food Network, and Adopt-a-Road. In addition, she operates the blood glucose testing booths at county fairs during summer and fall seasons and visits local hospitals to give words of encouragement and spend time with the patients – and does it all as a volunteer.



Perhaps the most impressive outcome of her spirit of outreach comes from her co-founding Sisters CARE (Sisters in Community Action Restoring Excellence), a non-profit she currently runs as President, which focuses on self-esteem issues for young girls aged 10-25.

“Girls Gone Great is energized and thrilled such an accomplished young woman will represent us this year as our scholarship recipient,” says Ann Quasman. “We founded this program because we know there are young women out there, who are not just ‘dreaming’ – they are ‘doing’ and Walesia is truly a ‘girl gone great!’”

Ms. Cates’ vision encompasses a desire to major in biological sciences with a minor in political science “because the voice of smaller group opinions is oftentimes overlooked in the making of public policy and legislature.” To read Ms. Cates full essay please go to

<http://www.womantalklive.com/girlsgonegreat/GGG2011Essay.pdf>

As the host of *WomanTalk Live*, Quasman has focused radio program content on connecting women to ideas and resources that will positively impact their lives while showcasing the contribution women are making in the world. The *Girls Gone Great Scholarship* exemplifies the authentic spirit of Quasman’s mission - giving girls the opportunity to celebrate the difference they are making as young women.

In addition to winning the \$2,000 scholarship, the winner will appear with Ann Quasman on Woman Talk Live April 2 on WCBM 680 from 6-7 PM or online at <http://tinyurl.com/listenlivewcbm> . Woman Talk Live airs every Saturday in the same time slot.

Ann Quasman founded *WomanTalk Live* in 2007 as a way to facilitate a more conscious conversation about topics that matter to women. Since the show’s inception, Ann has interviewed over 200 guests ranging from best-selling authors to women’s issues experts and community and business leaders. *WomanTalk Live* airs every Saturday from 6-7pm. Find out more about Woman Talk Live and download past shows at [www.womantalklive.com](http://www.womantalklive.com)

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